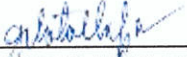
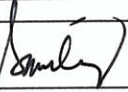


PURCHASE REQUEST

Entity Name: NATIONAL NUTRITION COUNCIL

Fund Cluster: REGULAR AGENCY FUND/01

Office/Section :		PR No.: <u>TP 23-09-065</u>		Date: 26 September 2023	
Region VIII		Responsibility Center Code : <u>3-4000</u>			
Stock/ Property No.	Unit	Item Description	Quantity	Unit Cost	Total Cost
		Request for Supply and Delivery to consignees of commodities for the NNC's "Tutok Kainan" Dietary Supplementation Program for Nutritionally-at-risk Pregnant Women in the Municipalities of Libagon and San Francisco, Southern Leyte			
		SPECIFICATIONS:			
	kg	Bangus, fresh	111	330	36,630.00
	kg	Beef rump, fresh	18	660	11,880.00
	kg	Chicken, breast, fresh	66	330	21,780.00
	kg	Chicken, drumstick, fresh	45	330	14,850.00
	kg	Chicken, thigh, fresh	6	330	1,980.00
	kg	Chicken, liver, good quality	24	330	7,920.00
	pc	Egg, chicken, medium size, fresh	216	16	3,456.00
	kg	Galunggong, fresh	24	385	9,240.00
	kg	Hasa-hasa, fresh	30	385	11,550.00
	kg	Pork, kasim, ground, fresh	21	440	9,240.00
	kg	Pork, kasim, fresh	39	440	17,160.00
	kg	Tilapia, fresh	69	330	22,770.00
	kg	Tinapa, Galunggong, medium in size, bilugan	24	385	9,240.00
	kg	Ampalaya, Fruit, Crisp, free from bruises, green	84	220	18,480.00
	tali	Ampalaya, Leaves, fresh	90	110	9,900.00
	tali	Basil leaves, Green, leafy, fresh	90	165	14,850.00
	kg	Bell pepper, Sweet, bright, red and green	24	275	6,600.00
	kg	Bell pepper, Sweet, bright, red	6	275	1,650.00
	kg	Cabbage, Fresh, baguio	6	165	990.00
	pc	Calamansi, Fresh, green color	783	5	3,915.00
	kg	Carrot, fresh	102	220	22,440.00
	kg	Eggplant, fresh	36	165	5,940.00
	kg	Garlic, Bulb, fresh	42	220	9,240.00
	kg	Ginger, Mature, fresh	18	165	2,970.00
	per can	Green peas, canned (225 g)	33	55	1,815.00
	kg	Kangkong, Green, leafy, fresh	24	55	1,320.00
	tali	Kulitis, Green, leafy, fresh	45	110	4,950.00
	tali	Malunggay, Green, leafy, fresh	348	55	19,140.00
	kg	Okra, Fruit, fresh	12	165	1,980.00
	kg	Papaya, Fruit, green, fresh	30	110	3,300.00
	kg	Patola, Fruit, fresh	24	110	2,640.00
	cup	Sampalok leaves, Green, leafy, fresh	216	55	11,880.00
	kg	Sigarilias, Fruit, fresh	12	165	1,980.00
	pc	Sili, Green, long	432	11	4,752.00
	tali	Sili leaves, Green, leafy, fresh	429	33	14,157.00
	kg	Sitaw, Green, fresh	12	165	1,980.00
	tali	Spring onion, fresh	135	110	14,850.00
	kg	Squash, Fruit, Fresh, crisp, maligat	21	110	2,310.00
	kg	Tomato, Red, fresh	39	110	4,290.00
	pc	Apple, fresh, red	90	27	2,430.00
	pack	Raisin, dried, packed (200g)	24	110	2,640.00
	pack	Misua, raw, packed (250 g)	60	110	6,600.00
	kg	Munggo, Green, free from weevils, clean	33	165	5,445.00
	kg	Potato, fresh	30	220	6,600.00
	takos	Alamang, Bagoong, processed, 250 ml	6	90	540.00
	takos	Bagoong, dilis, processed, 250 ml	12	220	2,640.00
	pack	Black pepper, whole, packed (12-13 g)	48	15	720.00
	L	Cooking oil, fortified, 1L	132	220	29,040.00
	bottle	Ketchup, processed, 250 g	30	35	1,050.00
	pack	Mayonnaise, processed, 700 g	12	220	2,640.00
	pack	Oyster sauce, processed, 405 g	18	95	1,710.00
	bottle	Patis, processed, 350 ml	51	35	1,785.00
	pack	Salt, iodized, 250g	24	19	456.00
	bottle	Soy sauce, processed, 350 ml	36	23	828.00
	pack	Sugar, white, 250 g	57	28	1,596.00
	pack	Tomato sauce, processed, 200 g	138	28	3,864.00
	bottle	Vinegar, processed, 350 ml	60	22	1,320.00
		Delivery:			
		Weekly delivery to the Municipalities of Libagon and San Francisco, Southern Leyte per attached distribution list and list of consignees. Delivery dates to be identified by the NNC.			

		Terms of Payment:			
		15% Advance Payment and succeeding payment for every progress billing to attached Inventory Transfer Report (ITR) Delivery Receipt (DR), Charge/Billing Invoice and Inspection and Acceptance Report (IAR).			
		Fund Source:			
		Charged to GAA 2023			
				Total:	437,919.00
Purpose :	This is to certify that the above request of commodities will be distributed to the Municipalities of Libagon and San Francisco, Southern Leyte for the implementation of NNC's "Tutok Kainan" Dietary Supplementation Program for nutritionally-at-risk pregnant women.				
Signature :	Requested by:		Approved:		
					
Printed Name :	CATALINO P. DOTOLLO, JR. DPA, MPH, MAN, PSNT		AZUCENA M. DAYANGHIRANG, MD, MCH, CESO III		
Designation :	Nutrition Program Coordinator, NNC-Region VIII		Assistant Secretary and Executive Director IV		

Weekly Market List (for 10 pax)

Week 1: Chicken Liver Adobo with Kangkong Salad, Paksiw na Hasa-hasa, Chicken Afritada, Munggo Gisado with Tinapa Flakes and Ampalaya

Food items	Specifications	Unit Cost	Amount (g or ml) (EP)	Total Cost (Php)	Gram/pc/ml	Cost (AP)	Libagon	San Francisco	Southern Leyte	Total Cost Week 1
Meat/Poultry/Fish							76	67	143	
Chicken	Liver, Good quality	/kg	500	165.00	1000	330	7.6	6.7	8	2,640.00
Hasa-hasa	fresh	/kg	650	250.25	1000	385	5	5	10	3,850.00
Chicken	Breast, lean, fresh	/kg	625	206.25	1000	330	5	5	10	3,300.00
Tinapa	Galunggong, medium in size, bilugan	/kg	450	173.25	1000	385	4	4	8	3,080.00
Vegetable										
Garlic	Bulb, fresh	/kg	200	44.00	1000	220	2	2	4	880.00
Bell pepper	Sweet, bright, red and green	/kg	150	41.25	1000	275	2	2	4	1,100.00
Ginger	Mature, fresh	/kg	25	4.13	1000	165	1	1	2	330.00
Kangkong	Green, leafy, fresh	/kg	500	27.50	1000	55	4	4	8	440.00
Tomato	Red, fresh	/kg	250	27.50	1000	110	2	2	4	440.00
Calamansi	Fresh, green color	/pc	6	30.00	1	5	46	41	87	435.00
Spring onion	fresh	/tali	1	110.00	1	110	8	7	15	1,650.00
Ampalaya	Fruit, Crisp, free from bruises, green	/kg	900	198.00	1000	220	7	7	14	3,080.00
Carrot	fresh	/kg	500	110.00	1000	220	4	4	8	1,760.00
Green peas	canned (225 g)	/per can (225 g)	150	36.67	225	55	6	5	11	605.00
Ampalaya	Leaves, fresh	/tali	2	220.00	1	110	16	14	30	3,300.00
Sili	Green, long	/pc	5	55.00	1	11	38	34	72	792.00
Rice/Tubers										
Potato	fresh	/kg	500	110.00	1000	220	4	4	8	1,760.00
Munggo	Green, free from weevils, clean	/kg	700	115.50	1000	165	6	5	11	1,815.00
Others										
Soy sauce	processed	/ bottle (350 ml)	150	9.86	350	23	4	3	7	161.00
Vinegar	Processed	/ bottle (350 ml)	300	18.86	350	22	7	6	13	286.00
Cooking oil	fortified	/L	300	66.00	1000	220	3	3	6	1,320.00
Black pepper	whole	/pack (12-13 g)	0.25	3.75	1	15	2	2	4	60.00
Patis	processed	/ bottle (350 ml)	100	10.00	350	35	3	2	5	175.00
Tomato sauce	processed	/ pack (200 g)	300	42.00	200	28	12	11	23	644.00
Sugar	white	/per pack (250 g)	25	2.80	250	28	1	1	2	56.00
Salt	iodized	/per pack (250 g)	25	1.90	250	19	1	1	2	38.00
Bagoong, dillis	Processed	/ takos	0.25	55.00	1	220	2	2	4	880.00
							199	181	380	34,877.00

Week 2: Fried Galunggong and Pinakbet, Sauteed Pork Veggies, Fried Chicken and Coleslaw, Sarsiyadong tilapia

Food items	Specifications	Unit Cost	Amount (g or ml)	Total Cost (Php)	Gram/pc/ml	Cost	Libagon	San Francisco	Southern Leyte	Total Cost Week 2
Meat/Poultry/Fish							76	67	143	
Pork	kasim, ground, fresh	/kg	425	187.00	1000	440	7.6	6.7	7	3,080.00
Egg	Chicken, medium size, fresh	/pc	5	80.00	1	16	38	34	72	1,152.00
Chicken	Drumstick, fresh	/kg	1000	330.00	1000	330	8	7	15	4,950.00

Tilapia	fresh	/kg	1500	495.00	1000	330	12	11	23	7,590.00
Galunggong	fresh	/kg	500	192.50	1000	385	4	4	8	3,080.00
Vegetable										
Garlic	Bulb, fresh	/kg	150	33.00	1000	220	2	2	4	880.00
Squash	Fruit, Fresh, crisp, maligat	/kg	400	44.00	1000	110	4	3	7	770.00
Spring onion	fresh	/tali	1	110.00	1	110	8	7	15	1,650.00
Sitaw	Green, fresh	/kg	200	33.00	1000	165	2	2	4	660.00
Tomato	Red, fresh	/kg	400	44.00	1000	110	4	3	7	770.00
Calamansi	Fresh, green color	/pc	6	30.00	1	5	46	41	87	435.00
Carrot	Fresh	/kg	1000	220.00	1000	220	8	7	15	3,300.00
Malunggay	Green, leafy, fresh	/tali	4	220.00	1	55	31	27	58	3,190.00
Okra	Fruit, fresh	/kg	200	33.00	1000	165	2	2	4	660.00
Eggplant	fresh	/kg	300	49.50	1000	165	3	3	6	990.00
Patola	Fruit, fresh	/kg	200	22.00	1000	110	2	2	4	440.00
Cabbage	Fresh, baguio	/kg	30	4.95	1000	165	1	1	2	330.00
Fruits										
Apple	Fresh, red, medium sized	/pc	2	54.00	1	27	16	14	30	810.00
Raisin	dried	/per 200 g	100	55.00	200	110	4	4	8	880.00
Rice/Tubers										
Misua	raw	/pack (250 g)	150	66.00	250	110	5	5	10	1,100.00
Others										
Alamang, Bagoong	processed	/takos	0.125	11.25	1	90	1	1	2	180.00
Patis	processed	/bottle (350 ml)	150	15.00	350	35	4	3	7	245.00
Salt	iodized	/per pack (250 g)	25	1.90	250	19	1	1	2	38.00
Sugar	white	/per pack (250 g)	25	2.80	250	28	1	1	2	56.00
Black pepper	whole	/pack (12-13 g)	0.25	3.75	1	15	2	2	4	60.00
Cooking oil	Fortified	/L	1800	396.00	1000	220	14	13	27	5,940.00
Mayonnaise	processed	/pack (700 g)	150	47.14	700	220	2	2	4	880.00
							229	205	434	44,116.00

Week 3: Sautéed Pork Veggies, Inihaw na Bangus, Sinampalukang Manok, Pork Picadillo

Food Items	Specifications	Unit Cost	Amount (g or ml)	Total Cost (Php)	Gram/pc/ml	Cost	Libagon	San Francisco	Southern Leyte	Total Cost Week 3
Meat/Poultry/Fish										
Pork	Kasim, fresh	/kg	850	374.00	1000	440	76	67	143	
Chicken	Breast, lean, fresh	/kg	625	206.25	1000	330	7	6	13	5,720.00
Bangus	fresh	/kg	1600	528.00	1000	330	5	5	10	3,300.00
Vegetables							13	11	24	7,970.00
Garlic	Bulb, fresh	/kg	75	16.50	1000	220	1	1	2	440.00
Bell pepper	Sweet, bright, red and green	/kg	150	41.25	1000	275	2	2	4	1,100.00
Ginger	Mature, fresh	/kg	100	16.50	1000	165	1	1	2	330.00
Tomato	Red, fresh	/kg	100	11.00	1000	110	1	1	2	220.00
Carrot	fresh	/kg	700	154.00	1000	220	6	5	11	2,420.00
Patola	Fruit, fresh	/kg	200	22.00	1000	110	2	2	4	440.00
Malunggay	Green, leafy, fresh	/tali	4	220.00	1	55	31	27	58	3,190.00
Papaya	Fruit, green, fresh	/kg	600	66.00	1000	110	5	5	10	1,100.00
Sampalok leaves	Green, leafy, fresh	/cup	5	275.00	1	55	38	34	72	3,960.00
Sili leaves	Green, leafy, fresh	/tali	10	330.00	1	33	76	67	143	4,719.00

Bangus	fresh		330	kg	37	12,210.00	111	36,630.00
Beef rump	fresh		660	kg	6	3,960.00	18	11,880.00
Chicken	Breast, lean, fresh		330	kg	22	7,260.00	66	21,780.00
Chicken	Drumstick, fresh		330	kg	15	4,950.00	45	14,850.00
Chicken	Thigh, fresh		330	kg	2	660.00	6	1,980.00
Chicken	Liver, Good quality		330	kg	8	2,640.00	24	7,920.00
Egg	Chicken, medium size, fresh		16	pc	72	1,152.00	216	3,456.00
Galunggong	fresh		385	kg	8	3,080.00	24	9,240.00
Hasa-hasa	fresh		385	kg	10	3,850.00	30	11,550.00
Pork	kasim, ground, fresh		440	kg	7	3,080.00	21	9,240.00
Pork	Kasim, fresh		440	kg	13	5,720.00	39	17,160.00
Tilapia	fresh		330	kg	23	7,590.00	69	22,770.00
Tinapa	Galunggong, medium in size, bilugan		385	kg	8	3,080.00	24	9,240.00
Vegetables								
Ampalaya	Fruit, Crisp, free from bruises, green		220	kg	28	6,160.00	84	18,480.00
Ampalaya	Leaves, fresh		110	tali	30	3,300.00	90	9,900.00
Basil leaves	Green, leafy, fresh		165	tali	30	4,950.00	90	14,850.00
Bell pepper	Sweet, bright, red and green		275	kg	8	2,200.00	24	6,600.00
Bell pepper	Sweet, bright, red		275	kg	2	550.00	6	1,650.00
Cabbage	Fresh, baguio		165	kg	2	330.00	6	990.00
Calamansi	Fresh, green color		5	pc	261	1,305.00	783	3,915.00
Carrot	fresh		220	kg	34	7,480.00	102	22,440.00
Eggplant	fresh		165	kg	12	1,980.00	36	5,940.00
Garlic	Bulb, fresh		220	kg	14	3,080.00	42	9,240.00
Ginger	Mature, fresh		165	kg	6	990.00	18	2,970.00
Green peas	canned (225 g)		55	per can (225g)	11	605.00	33	1,815.00
Kangkong	Green, leafy, fresh		55	kg	8	440.00	24	1,320.00
Kulitis	Green, leafy, fresh		110	tali	15	1,650.00	45	4,950.00
Malunggay	Green, leafy, fresh		55	tali	116	6,380.00	348	19,140.00
Okra	Fruit, fresh		165	kg	4	660.00	12	1,980.00
Papaya	Fruit, green, fresh		110	kg	10	1,100.00	30	3,300.00
Patola	Fruit, fresh		110	kg	8	880.00	24	2,640.00
Sampalok leaves	Green, leafy, fresh		55	cup	72	3,960.00	216	11,880.00
Sigarilayas	Fruit, fresh		165	kg	4	660.00	12	1,980.00
Sili	Green, long		11	pc	144	1,584.00	432	4,752.00
Sili leaves	Green, leafy, fresh		33	tali	143	4,719.00	429	14,157.00
Sitaw	Green, fresh		165	kg	4	660.00	12	1,980.00
Spring onion	fresh		110	tali	45	4,950.00	135	14,850.00
Squash	Fruit, Fresh, crisp, maligat		110	kg	7	770.00	21	2,310.00
Tomato	Red, fresh		110	kg	13	1,430.00	39	4,290.00
Fruits								
Apple	Fresh, red, medium sized		27	pc	30	810.00	90	2,430.00
Raisin	dried		110	per pack (200g)	8	880.00	24	2,640.00
Rice/Tubers								
Misua	raw		110	/pack (250 g)	20	2,200.00	60	6,600.00
Munggo	Green, free from weevils, clean		165	kg	11	1,815.00	33	5,445.00
Potato	fresh		220	kg	10	2,200.00	30	6,600.00
Others								

Alamang, Bagoong	processed	90	takos	2	180.00	6	540.00
Bagoong, dilis	Processed	220	takos	4	880.00	12	2,640.00
Black pepper	whole	15	/pack (12-13 g)	16	240.00	48	720.00
Cooking oil	fortified	220	L	44	9,680.00	132	29,040.00
Ketchup	processed	35	/bottle (250 g)	10	350.00	30	1,050.00
Mayonnaise	processed	220	/pack (700 g)	4	880.00	12	2,640.00
Oyster sauce	processed	95	/pack (405 g)	6	570.00	18	1,710.00
Patis	processed	35	bottle (350 ml)	17	595.00	51	1,785.00
Salt	iodized	19	/per pack (250 g)	8	152.00	24	456.00
Soy sauce	processed	23	bottle (350 ml)	12	276.00	36	828.00
Sugar	white	28	/per pack (250 g)	19	532.00	57	1,596.00
Tomato sauce	processed	28	/pack (200 g)	46	1,288.00	138	3,864.00
Vinegar	Processed	22	/bottle (350 ml)	20	440.00	60	1,320.00
TOTAL				1549	145,973.00	4,647	437,919.00

Prepared By:

Darlene Ayesha F. Lendero
DARLENE AYESHA F. LENDERO
DMO II - Southern Leyte

Reviewed by:

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ENAH EUNICE R. GALANOG, RND
NO II, NPPD

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Ellen Ruth F. Abella
ELLEN RUTH F. ABELLA, RND, MPM
NO IV and OIC, NSD

Approved by:

Azucena M. Dayanghirang
AZUCENA M. DAYANGHIRANG, MD, MCH, CESO III
Assistant Secretary and Executive Director IV

TUTOK KAINAN DIETARY SUPPLEMENTATION PROGRAM

Based on FNRI Menu Guide Calendar

Sample One-Month Cycle Menu

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Nutribun or equivalent food commodity	Chicken Liver Adobo with Kangkong Salad	Paksiw na Matambaka	Chicken Afritada	Munggo Gisado with Dilis and Ampalaya	Nutribun or equivalent food commodity	Nutribun or equivalent food commodity
2	Nutribun or equivalent food commodity	Fried Galunggong and Pinakbet	Sauteed Pork Veggies	Fried Chicken and Coleslaw	Sarsyadong Tilapia	Nutribun or equivalent food commodity	Nutribun or equivalent food commodity
3	Nutribun or equivalent food commodity	Sauteed Pork Veggies	Inihaw na Bangus	Sinampalukang Manok	Pork Picadillo	Nutribun or equivalent food commodity	Nutribun or equivalent food commodity
4	Nutribun or equivalent food commodity	Pan-fried Chicken	Paksiw na Bangus with Ampalaya and Talong	Beef with Sitaw	Stir fried Chicken with Kulitis	Nutribun or equivalent food commodity	Nutribun or equivalent food commodity
5	Nutribun or equivalent food commodity						Nutribun or equivalent food commodity

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

Dietary Supplementation Program for Pregnant Women in Southern Leyte

Consignees					
Region	Province/City/Municipality	Nutrition Action Officer	Address	Contact number	Mobile number
NNC Region 8	Libagon	Dr. Ellen V. Acasio	RHU Libagon, Brgy. Talisay, Libagon, Southern Leyte	rhulibagon@yahoo.com ruralibagon08@gmail.com	0921-410-8601
NNC Region 8	San Francisco	Dr. Marx Tiaozon	RHU San Francisco, Brgy. Central, San Francisco, Southern Leyte	rhustsi@gmail.com	0906-654-6857

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DARLENE AYESHA F. LENDERO
DMO II - Southern Leyte

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NO IV and OIC, NSD

Approved by:

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AZUCENA M. DAYANGHIRANG, MD, MCH, CESO III
Assistant Secretary and Executive Director IV